

# EAST RELAYS

*E-Rabs*

## 2019 First Annual Master's Mile

**Come out and run a mile to support  
Rockford East Relays!**

Run or walk four timed laps around the Swanson Stadium  
Track during this year's Rockford East Relays Event!

**The fastest mile time will receive a prize**

The Master's Mile starts at 11:00am and is open to all ages.

**Cost: General Admission**

## EVENT DETAILS:

**April 27, 2019**

Swanson Stadium  
5620 Spring Creek Road  
Rockford, IL 61114

**Field Events:** 10:00 a.m.

**Running Events:** 12:00 p.m.

**Admission:** \$5.00 Adults,  
\$3.00 Students