

## September 2019 Grade 6-8 Menu

(1% and Skim Milk Offered Daily) Pre-Made Salads Offered Daily

(1)	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<b>Breakfast</b>	<i>"This Institution is an Equal Opportunity Provider"</i>	Cereal Bar/Cheese Stick Fruit and/or Juice Or Cereal Kit	Large Muffin Fruit and/or Juice Or Cereal Kit	Oatmeal Bar/Yogurt Cup Fruit and/or Juice Or Cereal Kit	Mini Confetti Pancakes Fruit and/or Juice Or Cereal Kit
<b>Lunch Entrée (Choose 1)</b>	<b>No School Today!</b>	Branded Pizza Spicy Chicken Patty/WG Bun Sun Butter Pack Turkey Sub	Turkey Ham/Cheese Sub Yogurt/Cheese/Breadstick WG Chicken Corn Dog Beef Rib-B-Que/WG Bun	Breaded Chicken Patty/WG Bun All Beef Hot Dog/WG Bun Sun Butter Pack Turkey Deli Combo Sub	Hamburger or Cheeseburger/WG Bun Spicy Chicken Patty/WG Bun Sun Butter Pack Turkey Sub
<b>Vegetables (May Choose 2)</b>	"Packs" may include a cheese stick &/or a grain for a complete meal	Carrot Sticks Veggie Juice	Emoji Potatoes Seasoned Green Beans	Fresh Broccoli Florets w/Dip Red Pepper Strips	Sweet Potato Wedges Fresh Cucumber Slices
<b>Fruit (Choose 1)</b>		Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit + Ice Slushie
(2)	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
<b>Breakfast</b>	Mini Cinnis Fruit and/or Juice Or Cereal Kit	Banana Loaf/Cheese Stick Fruit and/or Juice Or Cereal Kit	Mini Pancakes Fruit and/or Juice Or Cereal Kit	Banana Bread Slice Fruit and/or Juice Or Cereal Kit	Cereal Cup/Hard Boiled Egg Fruit and/or Juice Or Cereal Kit
<b>Lunch Entrée (Choose 1)</b>	Orange Chicken/Brown Rice Sun Butter Pack WG Chicken Corn Dog Individual Cheese Pizza	Spaghetti/Meat Sauce/Roll Sun Butter Pack Turkey Sub Breaded Chicken Patty/WG Bun	Chicken Strips/Dinner Roll Sun Butter Pack Beef Rib-B-Que/WG Bun Breakfast Wrap	Walking Taco Sun Butter Pack Southwest Turkey Burger/WG Bun Turkey Sub	Turkey Ham/Cheese/WG Bun Sun Butter Pack Hamburger/WG Bun Fish Sandwich/WG Bun
<b>Vegetables (May Choose 2)</b>	Oriental Vegetables Cherry Tomatoes	Seasoned Green Beans Veggie Juice	Sweet Potato Wedges CA Blend Vegetables	Refried Beans Whole Kernel Corn (HOM)	Baby Carrots Fresh Broccoli Florets/Dip
<b>Fruit(Choose 1)</b>	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
(3)	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
<b>Breakfast</b>	Oatmeal Bar/Yogurt Cup Fruit and/or Juice Or Cereal Kit	Cereal Bar/Cheese Stick Fruit and/or Juice Or Cereal Kit	Mini Cinnis Fruit and/or Juice Or Cereal Kit	Turkey Sausage Pancake Wrap Fruit and/or Juice Or Cereal Kit	BeFit Bar Fruit and/or Juice Or Cereal Kit
<b>Lunch Entrée (Choose 1)</b>	Chicken Rings/Breadstick Omelet/Banana Bread Slice Sun Butter Pack Turkey Sub	Branded Pizza Sun Butter Pack Ranch Chicken Wrap Grilled Cheese	Turkey & Gravy/Dinner Roll Sun Butter Pack Beef Rib-B-Que/WG Bun Mini Corn Dogs	Chicken Strips/Bug Bites Sun Butter Pack Taco Quesadillas Turkey Sub	All Beef Hot Dog/WG Bun Sun Butter Pack Grilled Chicken/WG Bun Turkey Deli Combo Sub
<b>Vegetables (May Choose 2)</b>	Garden Salad Seasoned Green Beans	CA Blend Vegetables Veggie Juice	Mashed Potatoes Sweet Peas	Garden Salad Fresh Broccoli Florets	Vegetarian Beans Carrot Sticks
<b>Fruit (Choose 1)</b>	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
(4)	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
<b>Breakfast</b>	Mini Pancakes Fruit and/or Juice Or Cereal Kit	Cereal Cup/Hard Boiled Egg Fruit and/or Juice Or Cereal Kit	Large Muffin Fruit and/or Juice Or Cereal Kit	BeFit Bar Fruit and/or Juice Or Cereal Kit	Cereal Bar/Yogurt Cup Fruit and/or Juice Or Cereal Kit
<b>Lunch Entrée (Choose 1)</b>	Popcorn Chicken/Brown Rice Sun Butter Pack Yogurt/Banana Bread Slice Pizza Turkey Burger/WG Bun	Walking Beef Taco Beef Rib-B-Que/WG Bun Omelet/Small Muffin Turkey Sub	Mini Corn Dogs Sun Butter Pack Chicken Rings/Breadstick Turkey Deli Combo Sub	French Toast Sticks/Omelet Sun Butter Pack Hamburger/WG Bun Spicy Chicken Patty/WG Bun	French Bread Pizza Sun Butter Pack Chicken Strips/Breadstick Turkey Sub
<b>Vegetables (May Choose 2)</b>	CA Blend Vegetables Carrot Sticks	Refried Beans Whole Kernel Corn (HOM)	Mashed Potatoes Red Pepper Slices	Deli Roasted Potatoes Veggie Juice	Garden Salad Fresh Broccoli Florets
<b>Fruit (Choose 1)</b>	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit

**We have Cook and Food Service Worker positions open!**

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