

Fairview
Press
Parent
Newsletter
March 2017

Student
Learning Data

Our students learning accomplishments are under Fairview data 2016/2017 on our school webpage. Please check it out! They have made outstanding gains this year! Here is the link; <http://www3.rps205.com/Schools/EC/Fairview/Pages/default.aspx>



Are you in need of clothing, books or educational toys?

Please come visit our Fairshare room that is in the climbing gym. We have coats, boots, hats, gloves, pajamas, shoes, books, educational toys and much more! The room is self serve and we take donations too. The room is open from 8-4:30.



Calendar of Events

- ♣ March 1, Pennies for Pasta information will be sent home. This community service project supports children's blood cancer treatment and research. The winning classroom who collects the most change will win a catered lunch by the Rockford Olive Garden. Change collection boxes are due to your child's teacher by 3/24 please.
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- ♣ March 2, Spring Picture Day for all classes
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- ♣ March 6, Casimir Pulaski Day, school is in session
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- ♣ March 7, PTO meeting from 6-8 p.m. in the café
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- ♣ March 14, Fairview Family Night at the Discovery Center from 5:45-7:30. This is free for families!
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- ♣ March 16, Parent Teacher Conferences from 2:30-5:30. Your child's teacher will be sending home a sign up sheet soon.
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- ♣ March 16-March 21, Scholastic Book Fair **buy one get one free!** Items are for sale during and after school and during conferences. We accept; checks, cash and debit/credit cards. To shop online visit scholastic.com/fair. You can look for sold out titles, see additional books available, shop for all ages; pre k to adults and create and share wish lists. The book fair will be in the library.
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- ♣ March 21, Parent Teacher Conferences from 2:30-5:30. Your child's teacher will be sending home a sign up sheet soon.
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- ♣ March 22, Family workshop on social emotional needs of your preschooler from 4:30-5:30 in room 12 and pizza will be served!
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- ♣ March 24, Pennies for Pasta coin boxes due to classroom teachers please
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- ♣ March 27-March 31, No school, spring break
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- ♣ April 3, School resumes



Getting Ready for Kindergarten By Skila Brown

Kindergarten teachers everywhere agree. The number one thing you can do to get him ready for school is to read to your child each night for at least fifteen minutes. "Read to your child," urges Sarah Powell, Project Coordinator at Peabody School of Education at Vanderbilt University. "Parents should simply read to their child and talk about the importance of doing well in school to get their child ready for kindergarten." Following a story requires focus, imagination, and an interest to know what comes next, all essential skills for kindergarten readiness.

But what about writing practice? Letter recognition? Counting?

As much as the idea of kindergarten may cause parents to fear their child is behind, teachers overwhelmingly tell parents not to worry. Kindergarten is an exciting year, full of changes and milestones. While your child should have some knowledge of things like letter recognition and counting, teachers encourage parents to relax. If a child is getting all the other things he needs, the academic achievements will come.

So what are those other essential needs?

Sleep - Most five year-olds need 10-12 hours of sleep each night. At least one week before the start of school, start getting into a sleep routine where your child is going to bed early enough to get in his sleep before he needs to wake up to get ready for school. It's important to establish this routine early on, so that it will be familiar when the unfamiliar school year begins.

Doctor check-ups - A physical is required, including vision and hearing. A dental check up is also required. Vision, hearing and dental checkups are offered at Fairview. Your child should be up to date on immunizations prior to entering kindergarten as well.

A good breakfast - If your child is in the habit of skipping breakfast, now is the time to change that. Research shows that a healthy breakfast has a lasting impact on a child's performance at school, and can affect anything from focus and energy to behavior. Consider energy-rich starts like peanut butter on toast or eggs and whole grain cereal, and get into a healthy breakfast routine before the school year begins.

Practice makes perfect - Think about situations that may come up and be difficult for your child, such as saying good-bye to family at drop off, raising his hand to go to the bathroom, zipping pants, and opening lunch boxes. And then practice! Have a dress rehearsal for the first day and allow your child to role play these moments and more. This will help your child be comfortable when the time comes for him to execute these skills at school.

Brooke Pate, kindergarten teacher in Franklin, Tennessee, adds the following list of things parents should do to prepare their child for kindergarten:

- Visit your child's school and teacher.
- Discuss any feelings and anxiety he may have about going to school.
- Have your child participate in picking out school supplies.
- Write a story and draw pictures about going to school.

Go shopping for your child's first day of school outfit.

The consensus among teachers is that reading aloud, talking about school, and getting your child emotionally and physically ready are the big steps parents need to take before the school bell rings. So toss aside the workbooks, flash cards, and drills, and get reading with your child!

